



East-West All-Star Games

North Carolina Coaches Association
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All-Star Bulletin # 2

June 17, 2019

Dear All-Star,

I've said before, and will probably say again, that being an All-Star will be one of your most special moments. You're joining a list of the greatest athletes North Carolina has produced. Of the over 200,000 students who play in North Carolina high schools each year, only 176 are chosen to be All-Stars. This year, 2019, is the 71st year of the All-Star Games and we hope you'll take the same great pride in making them a success as have those who preceded you.

While you are in Greensboro you will be under the direct supervision of your coaches, an adult athletic trainer and security personnel. You may want to read this sentence to your parents so they will be comfortable in knowing that we're going to keep you pretty busy and you won't have an opportunity to go anywhere apart from the team. If you drive to Greensboro, we will secure your car within the field house compound at Grimsley High School until just before your game. You will not be allowed to drive while you are here.

I hope you have begun to work out hard and I trust your workouts are going well. It is hot and humid here already. The coaches expect to start at full-speed when you arrive, so be ready. The few players who don't play to their potential are usually those who aren't in shape.

I suggest you bring plenty of socks as you will go through them quickly. Also, make certain your shoes are well broken in. All players will need to bring game shoes as well as practice shoes.

We need your physical as soon as possible. If you haven't already done so, please send us now your completed physical form or a copy of a school athletic physical form that will be valid through the day after your game. Be sure that we have BOTH sides of your physical.

Be sure you have made arrangements for your travel; let your high school coach know if you need assistance. You will also need to plan to return home the night of your game. Player check-in is held at the Grimsley High School's Sawyer Gymnasium (see schedule below). Men will stay at the Wyndham Garden Greensboro; women players will stay at the Quality Inn & Suites Airport. Football players should complete arrangements with your high school coach for the equipment you'll need to bring with you.

Tickets may be purchased at the check-in site, at the gate on game night, or from our office prior to game day. All seats are general admission. There is plenty of seating at each of the game venues. Adult tickets are \$10, students are \$5.

You will be attending events at which you will need to look your best: a religious service (basketball and football players only) and a semi-formal (coat and tie) banquet. The banquet is a "dress-up" occasion, so for men, be sure to bring a coat and tie or suit and women bring a dress or something comparable. Remember, the citizens of Greensboro and the Triad area will be judging all high school athletes by their impressions of you.

The basketball games will be played Monday, July 15, in the Greensboro Coliseum's main arena. The women's game begins at 6:30 p.m. and the men's game will follow, starting approximately 20 minutes after the women finish. The soccer matches will be played at MacPherson Stadium at Bryan Park on Tuesday, July 16. The women's match starts at 6:30 p.m. and the men's match follows at 8:30 p.m. The football game will be played at 8:00 p.m. Wednesday, July 17, in Jamieson Stadium on the campus of Grimsley High School, 801 N. Josephine Boyd St., Greensboro NC 27408.

It won't be long now before you get to meet your coaches and teammates. Details about where you will be staying will be in your next bulletin. I hope you're getting as excited as we are about your impending arrival.

You are to arrive at the Grimsley HS check-in site (801 N. Josephine Boyd St, Greensboro, 27408) according to the following schedule. Please eat lunch before check-in and arrive by:

Football	Friday	July 12	1:00 p.m.
Basketball	Saturday	July 13	1:30 p.m. - women 2:00 p.m. - men
Soccer	Sunday	July 14	12:00 noon - women 12:30 p.m. - men

Phil Weaver, NCCA All-Star Games Director



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